

Energy Review

1. Work is required to lift a barbell. How many times more work is required to lift the barbell three times as high?

3x the distance, so 3x the work

2. Which requires more work – lifting a 10-kg sack a height of 2 meters, or lifting a 5-kg sack a height of 4 meters?

$W \rightarrow PE$ so mgh
 $(10)(10)(2)$
 $= 200J$

$(5)(10)(4)$
 $= 200J$

The same!

3. How many Joules of work are done on an object when a force of 10 N pushes it a distance of 10 m?

$W = Fd = (10)(10) = \underline{100 J}$

4. a. How much power is required to do 100 J of work in a time of 2 seconds?

$P = \frac{W}{t} = \frac{100}{2} = \underline{50 W}$

- b. How much power is required to do 100 J of work in a time of 4 seconds?

$P = \frac{W}{t} = \frac{100}{4} = \underline{25 W}$

- c. How much power is required to do 100 J of work in a time of 0.5 seconds?

$P = \frac{W}{t} = \frac{100}{.5} = \underline{200 W}$

5. If you do 100 J of work to lift a bucket of water, how much potential energy do you give the bucket?

100J !

6. A 1 kg rock is held above the ground and has 250 J of potential energy. It is then dropped.

- a. What is its kinetic energy while it is still being held? 0J (it's not moving)

- b. What is the total energy of the rock?

$0 + 250 = \underline{250 J}$

- c. What is its potential energy just as it hits the ground?

$PE = mgh = (1)(10)(10) = \underline{100 J}$

- d. What is its kinetic energy just as it hits the ground?

$PE \rightarrow KE$ 250J

- e. While it is falling, if it has only 100 J of potential energy at some point, how much kinetic energy does it have?

$KE + PE = 250 \rightarrow KE + 100 = 250$ $KE = 150 J$

- f. How high above the ground is the rock when it has 100 J of PE?

$PE = mgh$ $100 = (1)(10)h$ $h = 10 m$

- g. How fast is the rock moving when it has 100 J of PE?

From e, $KE = 150 J \rightarrow KE = \frac{1}{2}mv^2$ $150 = \frac{1}{2}(1)v^2$
 $v^2 = 300$ $v = 17.3 m/s$

- h. While it is falling, if it has only 50 J of kinetic energy at some point, what is its potential energy?

$KE + PE = 250$ $50 + PE = 250$ $PE = 200 J$ side 1

Energy Review

7. Suppose a car has a kinetic energy of 2000 J.
a. If it moves with twice the speed, what will be its kinetic energy?

Since $KE = \frac{1}{2}mv^2 \rightarrow \frac{1}{2}m(2v)^2 = 4\left(\frac{1}{2}mv^2\right)$ so 4x the KE so **8000 J**

- b. If it moves with three times the speed, what will be its kinetic energy?

3x the speed = 9x the KE so **18,000 J**

8. A certain engine can make a car go from 0 to 100 km/h in 10 seconds. All other things being equal, if the engine has twice the power, how many seconds would it take to go from 0 to 100 km/h?

Since $P = \frac{W}{t}$ 2x the Power = $\frac{1}{2}$ the time (if the same work)

9. A car traveling at 60 km/h skids 20 m when its brakes are locked. How far will it skid if it is traveling at 120 km/h?

2x the speed = 4x the KE so need 4x the work to stop it
So 4x the distance so **80 m**

10. A hammer falls off a roof and hits the ground with 75 J of kinetic energy. If it fell from a roof twice as high, how much kinetic energy would it have when it hit the ground?

2x the height means 2x the PE so **150 J**

11. Does a car use more gas when the air conditioner is on? How about the headlights or radio?

Yes! Yes & Yes! All the energy in the car comes from the chemical potential of the gas!

12. A car has 2500 J of kinetic energy and it skids to a stop, losing all its kinetic energy. Where did this energy go?

Thermal Energy! (And a little sound energy)

13. Peter, Paul and Mary are lifting weights. Peter lifts 135 kg 0.8 m in 1 second. Paul lifts 150 kg 1.3 m in 1.4 seconds. Mary lifts 124 kg 0.9 m in 1.3 seconds. Since the work turns into PE...

- a. Who does the most work?

Peter: mgh
 $(135)(10)(0.8)$
 $= 1080 \text{ J}$

Paul: mgh
 $(150)(10)(1.3)$
 $= 1950 \text{ J}$

Mary: mgh
 $(124)(10)(0.9)$
 $= 1116 \text{ J}$

- b. Who is most powerful?

Peter:
 $P = \frac{W}{t} = \frac{1080}{1}$
 $P = 1080 \text{ W}$

Paul:
 $P = \frac{W}{t} = \frac{1950}{1.4}$
 $P = 1393 \text{ W}$

Mary:
 $P = \frac{W}{t} = \frac{1116}{1.3}$
 $= 858 \text{ W}$
side 2

Energy Review

14. A 25 g bullet with a horizontal velocity of 500 m/s, comes to a stop 12 cm within a solid wall.

a. What is the initial KE of the bullet?

$m = 25 \text{ gram} = 0.025 \text{ kg}$ $KE = \frac{1}{2}mv^2 = \frac{1}{2}(0.025)(500)^2 = \boxed{3125 \text{ J}}$

b. What is the final KE of the bullet?

$v_i = 500 \text{ m/s}$
 $v_f = 0 \text{ m/s}$
 $KE = \frac{1}{2}mv^2 = \frac{1}{2}(0.025)(0)^2 = \boxed{0 \text{ J}}$

c. What was the average force stopping the bullet?

So the bullet "lost" 3125 J of KE so
 That is the work needed to stop it

$W = Fd$
 $-3125 = F(0.12) \quad \boxed{F = -26,042 \text{ N}}$

15. An apple falls 3.5 m from the branch of a tree to the ground below.

a. How fast is the apple moving when it hits the ground? Use conservation of energy.

$h = 3.5 \text{ m}$
 $\sum E_i = \sum E_f$
 $PE + 0 = 0 + KE$
 $m(10)(3.5) = \frac{1}{2}mv^2 \rightarrow v^2 = 70$
 $\boxed{v = 8.4 \text{ m/s}}$

b. At what point is $KE = PE$?

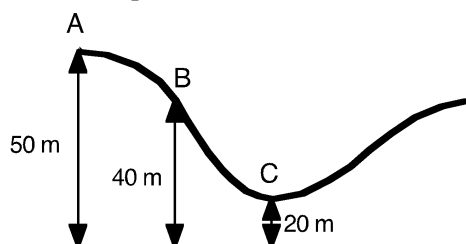
$\frac{1}{2}$ way down

c. How fast is the apple moving when it is 1 m off the ground?

$\sum E_i = \sum E_f$
 $PE_i + 0 = PE + KE$
 $m(10)(3.5) + 0 = m(10)(1) + \frac{1}{2}mv^2$
 $35m = 10m + \frac{1}{2}mv^2$
 $v^2 = 50 \quad \boxed{v = 7.07 \text{ m/s}}$

key! The mass canceled out! ;)

16. A frictionless roller coaster with a mass of 200 kg is at rest at point A. What is speed of the cart at point B and point C?



$\sum E_A = \sum E_B$

$PE + 0 = PE + KE$
 $(200)(10)(50) = (200)(10)(40) + \frac{1}{2}(200)v^2$
 $v^2 = 200 \quad \boxed{v = 14.1 \text{ m/s}} \leftarrow @ B$

Likewise

$(200)(10)(50) = (200)(10)(20) + \frac{1}{2}(200)v^2$
 $v^2 = 600 \quad \boxed{v = 24.5 \text{ m/s}} \leftarrow @ C$

17. A force of 200 N is applied to a 50 kg crate to slide it across the floor a distance of 70 m.

a. How much work is required to slide the crate along the floor?

$W = Fd = (200)(70) = \boxed{14,000 \text{ J}}$

b. How much work would be required to lift the crate to a height of 70 m?

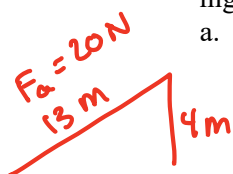
To lift it we give it PE, so

$PE = mgh = (50)(10)(70) = \boxed{35,000 \text{ J}}$

Energy Review

18. An applied force of 20 N is required to push a 5 kg object up an incline that is 13 m long and 4 m high.

a. How much work is done by the applied force?



$$W = Fd = (20)(13) = \boxed{260 \text{ J}}$$

b. How much work would be needed to lift the 5 kg object straight up to a height of 4 m?

$$\text{So } W \rightarrow PE = mgh$$

$$= (5)(10)(4) = \boxed{200 \text{ J}}$$

c. Why does it take more work to use the incline?

Friction on the incline. (If it was frictionless, it would have taken only 200 J to lift up the ramp — the same as lifting straight up.)

Answers: 1) 3x 2) same! 3) 100 J 4. a) 50 W b) 25 W c) 200 W
 5) 100 J 6. a) 0 J b) 250 J c) 0 J d) 250 J e) 150 J
 f) 10 m g) 17.3 m/s h) 200 J 7. a) 8000 J b) 18,000 J 8) 5 s
 9) 80 m 10) 150 J 11) Yes, yes, yes 12) brakes are hotter (KE became thermal energy)
 13. a) Peter = 1080 J, Paul = 1950 J, Mary = 1116 J b) Peter = 1080 W, Paul = 1393 W, Mary = 858 W
 14. a) 3125 J b) 0 J c) 26,000 N HINT: 25 g = 0.025 kg & 12 cm = 0.12 m
 15. a) 8.4 m/s b) 1/2 way down c) 7.1 m/s 16) B = 14.1 m/s & C = 24.5 m/s
 17. a) 14,000 J b) 35,000 J HINT: how much force does it take to lift up?
 18. a) 260 J b) 200 J c) because there is (probably) friction on the incline